

Slipstream Track & Field Club
Northeast Tennessee/Southwest Virginia

Relay Top Marks

Slipstream Track Club [SLIP]
Number of Top Times: All AG

	Time	Convert	Rnd	Relay		
Girls 10 yr old 4x400m Relay						
1	6:05.07		F	A Relay	7/9/1998	1998 AAU Region 3 Track & Field
		Jennifer Rose (10)		Meredith Fox (9)		Michelle Broyles (10) Amber Fields (9)
2	6:10.80		F	A Relay	6/26/1998	1998 AAU Southeastern Association
		Amber Fields (9)		Michelle Broyles (10)		Meredith Fox (9) Elizabeth Denton (8)
3	6:26.50		F	A Relay	6/28/1996	1996 AAU Southeastern Association
		Jaime E. Bray (9)		Lea Williams (10)		Courtnie McKinney (9) Sondra Hinman (10)
Girls Midget 2 4x800m Relay						
1	12:42.49		F	A Relay	6/29/2007	2007 AAU Southeastern District
		Hannah Rhodes (12)		Gabi Vella (12)		Alexa P. Zimmerman (11) Taylor Bedard (12)
2	13:04.85		F	A Relay	7/28/2007	2007 AAU Junior Olympic Games
		Alexa P. Zimmerman (11)		Hannah Rhodes (11)		Gabi Vella (12) Taylor Bedard (11)
Girls 12 yr old 4x100m Relay						
1	59.40		F	A Relay	6/24/1994	1994 Tennessee State Sportsfest
		Allison Dykes (11)		April R. McCarley (11)		Bethany L. Williams (10) Meg E. Williams (12)
2	1:00.30		F	A Relay	6/10/1994	1994 Tennessee Regional Sportsfest
		Allison Dykes (11)		April R. McCarley (11)		Bethany L. Williams (10) Meg E. Williams (12)
Girls 12 yr old 4x400m Relay						
1	4:55.12		F	A Relay	6/22/2001	2001 AAU Southeastern Association
2	4:55.18		P	A Relay	7/5/2001	2001 AAU Region 3 Track & Field Meet
Girls 12 yr old 4x800m Relay						
1	13:59.23		F	A Relay	6/28/1996	1996 AAU Southeastern Association
		Jessica Thompson (10)		Mindy E. Carter (10)		Emma R. Moran (11) Courtney Shaw (10)
2	14:21.74		F	A Relay	7/12/1996	1996 AAU Region 3 Track & Field
		Jessica Thompson (10)		Courtney Shaw (10)		Sarah Richardson (11) Lori Fleenor (11)
Girls Youth 2 4x100m Relay						
1	54.24		F	A Relay	6/26/1998	1998 AAU Southeastern Association
		Donielle Duff (13)		Allyson Ford (14)		Brittney Arnold (13) Sarah Richardson (13)
2	54.46		F	A Relay	6/20/2003	2003 Southeastern Association AAU
		Emma K. Bowers (13)		Hannah R. Bowers (13)		Alisha S. Clayton (14) Shante Delaney (13)
3	55.91		P	A Relay	7/9/1998	1998 AAU Region 3 Track & Field
		Donielle Duff (13)		Allyson Ford (14)		Brittney Arnold (13) Sarah Richardson (13)
4	58.67		F	A Relay	6/28/1996	1996 AAU Southeastern Association
		Meg E. Williams (14)		Rebecca Dixon (13)		Allison Dykes (13) Christy Thompson (13)
5	1:00.07		P	A Relay	6/26/2003	2003 AAU Region III T&F Championships
		Emma K. Bowers (13)		Alisha S. Clayton (14)		Shante Delaney (13) Hannah R. Bowers (13)
Girls Youth 2 4x400m Relay						
1	4:21.40		F	B Relay	6/25/2004	2004 AAU Southeastern Association
		Lauren B. Hubbard (14)		Rachel H. Bowers (13)		Emma K. Bowers (14) Hannah R. Bowers (14)
2	4:26.34		F	B Relay	7/8/2004	2004 AAU Region 3A Track & Field Meet
		Emma K. Bowers (14)		Lauren B. Hubbard (14)		Rachel H. Bowers (13) Hannah R. Bowers (14)

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Time	Convert	Rnd	Relay		
3	4:48.47	F	A Relay	6/28/1996	1996 AAU Southeastern Association
	Christy Thompson (13)		Bethany L. Williams (12)	Meg E. Williams (14)	Rebecca Dixon (13)
4	4:49.57	F	A Relay	6/26/1998	1998 AAU Southeastern Association
	Donielle Duff (13)		Chelsea Keith (14)	Brittney Arnold (13)	Jessica Roller (13)
5	5:03.87	P	A Relay	7/26/2008	2008 AAU Junior Olympic Games
	Molly Smith (13)		Hannah Rhodes (12)	Summer Jackson (13)	Kylie Russell (13)
6	5:05.52	F	A Relay	6/27/2008	2008 AAU Southeastern District
	Molly Smith (13)		Gracie Cross (14)	Katelynn Greene (13)	Gabi Vella (13)
7	5:36.69	F	B Relay	6/28/1996	1996 AAU Southeastern Association
	Robin E. McCarley (13)		April R. McCarley (13)	Allison Dykes (13)	Rebecca A. Fleenor (13)

Girls Youth 2 4x800m Relay

1	10:45.89	F	A Relay	7/26/2008	2008 AAU Junior Olympic Games
	Mary Kate Ontaneda (14)		Molly Smith (13)	Kylie Russell (13)	Hannah Rhodes (12)
2	10:51.37	F	A Relay	7/23/2003	2003 AAU Junior Olympic Games
	Shante Delaney (13)		Emma K. Bowers (13)	Hannah R. Bowers (13)	Alisha S. Clayton (13)
3	11:08.41	F	A Relay	7/8/2004	2004 AAU Region 3A Track & Field Meet
	Rachel H. Bowers (13)		Jorie E. Sullivan (13)	Ashley A. Friedrichs (14)	Lauren B. Hubbard (14)
4	11:13.50	F	A Relay	6/26/2003	2003 AAU Region III T&F Championships
	Emma K. Bowers (13)		Hannah R. Bowers (13)	Alisha S. Clayton (14)	Shante Delaney (13)
5	11:27.75	F	A Relay	7/31/2004	2004 AAU Junior Olympic Games
	Jorie E. Sullivan (13)		Keshia S. Phillips (14)	Ashley A. Friedrichs (13)	Lauren B. Hubbard (13)
6	11:30.00	F	A Relay	7/12/2002	2002 AAU Southeastern Association
	Traci Jones (12)		Casey B. Whitman (14)	Amy Skelton (14)	Ashton B. Bishop (13)
7	11:32.94	F	A Relay	6/27/2008	2008 AAU Southeastern District
	Molly Smith (13)		Mary Kate Ontaneda (14)	Hannah Rhodes (13)	Kylie Russell (13)
8	11:41.23	F	A Relay	6/25/2004	2004 AAU Southeastern Association
	Rachel H. Bowers (13)		Jorie E. Sullivan (13)	Ashley A. Friedrichs (14)	Lauren B. Hubbard (14)
9	12:12.15	F	A Relay	6/20/2003	2003 Southeastern Association AAU
	Emma K. Bowers (13)		Hannah R. Bowers (13)	Alisha S. Clayton (14)	Shante Delaney (13)
10	12:21.11	F	A Relay	8/1/1998	1998 AAU Junior Olympic Games
	Kristin Broyles (13)		Donielle Duff (13)	Katie Campbell (14)	Sarah Richardson (13)
11	12:25.15	F	A Relay	7/6/2000	2000 AAU Region 3 Track & Field
	Haley M. Williams (12)		Brittany Vogt (14)	Jacklyn Talbert (13)	Jessica Arnold (12)
12	12:39.76	F	A Relay	7/9/1998	1998 AAU Region 3 Track & Field
	Kristin Broyles (13)		Sarah Richardson (13)	Katie Campbell (13)	Sarah Culp (13)
13	12:47.63	F	A Relay	6/23/2000	2000 AAU Southeastern Association
	Haley M. Williams (12)		Brittany Vogt (14)	Jessica Arnold (12)	Jacklyn Talbert (13)
14	13:14.09	F	A Relay	6/28/1996	1996 AAU Southeastern Association
	Robin E. McCarley (13)		Rhonda M. Hinman (12)	Bethany L. Williams (12)	Meg E. Williams (14)
15	13:28.59	F	A Relay	7/12/1996	1996 AAU Region 3 Track & Field
	Robin E. McCarley (13)		Christy Thompson (13)	April R. McCarley (13)	Rhonda M. Hinman (12)
16	13:49.76	F	A Relay	6/26/1998	1998 AAU Southeastern Association
	Kristin Broyles (13)		Allyson Ford (14)	Sarah Richardson (13)	Sarah Culp (13)

Girls 14 yr old 4x800m Relay

1*	8:54.83	F	A Relay	6/20/2009	2009 Slipstream Track & Field Championships
	Brittanie Hubbard (12)			Alexa P. Zimmerman (13)	Hannah Rhodes (13)
1*	8:54.83	F	A Relay	6/20/2009	2009 Slipstream Track & Field Championships
	Brittanie Hubbard (12)		Taylor Slaughter (13)	Alexa P. Zimmerman (13)	Hannah Rhodes (13)

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	Time	Convert	Rnd	Relay		
3	11:07.57		F	A Relay	6/27/2013	2013 AAU Area 6 National Qualifier
		Maci Shell (14)		Harper Russell (12)		Elizabeth Davis (13) Addie Leonard (14)
4	13:18.56		F	A Relay	6/16/2013	2013 AAU Southeastern District Qualifier
		Lauren Church (13)		Harper Russell (12)		Elizabeth Davis (13) Addie Leonard (14)
Girls 15-16 yr old 4x100m Relay						
1	51.65		F	A Relay	7/6/2000	2000 AAU Region 3 Track & Field
		Jessica Roller (15)		McKenzie E. Sharpe (15)		Donielle Duff (15) Candace Johnson (15)
2	51.93		F	A Relay	6/23/2000	2000 AAU Southeastern Association
		Donielle Duff (15)		Jessica Roller (15)		McKenzie E. Sharpe (15) Douglas Haas (14)
3	53.93		F	A Relay	6/26/1998	1998 AAU Southeastern Association
		Allison Dykes (15)		Beth Grunewald (15)		Skyv Collie (14) Jessica Bradley (14)
4	55.75		F	A Relay	6/29/2007	2007 AAU Southeastern District
		Lexie Burley (15)		Emilee Ketron (16)		Brianna N. Hill (16) Edith V. Hill (16)
Girls 15-16 yr old 4x400m Relay						
1	4:14.92		F	A Relay	6/23/2006	2006 AAU Southeastern District
		Emma K. Bowers (16)		Hannah R. Bowers (16)		Rachel H. Bowers (15) Stephanie E. Howington (16)
2	4:15.26		F	A Relay	6/28/2005	2005 USATF Youth Nationals
		Stephanie E. Howington (14)		Emma K. Bowers (15)		Hannah R. Bowers (15) Ashton B. Bishop (16)
3	4:22.16		F	A Relay	7/6/2000	2000 AAU Region 3 Track & Field
		Katie Campbell (15)		Donielle Duff (15)		Brittney Arnold (15) Jessica Roller (15)
4	4:24.87		F	A Relay	6/23/2000	2000 AAU Southeastern Association
		Elizabeth Flynn-Buggs (15)		Jessica Roller (15)		Katie Campbell (15) Brittney Arnold (15)
5	4:34.17		F	A Relay	7/9/1998	1998 AAU Region 3 Track & Field
		Caitlin St Louis (15)		Erika Persinger (15)		Mallorie Williams (15) Cretia Collie (16)
6	4:36.66		F	A Relay	7/9/1993	1993 AAU Southeastern Association
		Ashley J. Gibson (15)		Tracy Watson (16)		Kellie Branch (15) Beth Roark (15)
7	4:40.40		F	A Relay	7/7/1994	1994 AAU Region 3 Track & Field
		Megan Blair (15)		Amelia Blevins (15)		Mitzi Carr (14) Katie Dickerson (15)
8	4:46.89		F	A Relay	6/26/1998	1998 AAU Southeastern Association
		Mallorie Williams (15)		Caitlin St Louis (15)		Allison Dykes (15) Skyv Collie (14)
Girls 15-16 yr old 4x800m Relay						
1	10:12.47		F	A Relay	8/1/1993	1993 AAU Junior Olympic Games
		Ashley J. Gibson (15)		Elizabeth Pendleton (16)		Tracy Watson (16) Kellie Branch (15)
2	10:38.09		F	A Relay	6/16/1994	1994 AAU Southeastern Association
		Megan Blair (15)		Mitzi Carr (14)		Katy Karter (15) Emily J. Campbell (14)
3	10:58.62		F	A Relay	7/9/1993	1993 AAU Southeastern Association
		Tracy Watson (16)		Rachel Snyder (15)		Ashley J. Gibson (15) Kellie Branch (15)
4	11:07.94		F	A Relay	8/1/2000	2000 AAU Junior Olympic Games
		Kristin Broyles (15)		Donielle Duff (15)		McKenzie E. Sharpe (15) Bobbie Neal (16)
5	11:10.21		F	A Relay	7/5/2001	2001 AAU Region 3 Track & Field Meet
6	11:18.13		F	A Relay	7/6/2000	2000 AAU Region 3 Track & Field
		Kristin Broyles (15)		Haley Whitson (15)		Bobbie Neal (16) McKenzie E. Sharpe (15)
7	11:18.50		F	A Relay	7/29/1994	1994 AAU Junior Olympic Games
		Megan Blair (15)		Mitzi Carr (14)		Amelia Blevins (15) Ashley Debord (15)
8	11:19.53		F	A Relay	6/22/2001	2001 AAU Southeastern Association
9	11:21.29		F	A Relay	6/23/2000	2000 AAU Southeastern Association
		Elizabeth Flynn-Buggs (15)		Haley Whitson (15)		Kristin Broyles (15) Bobbie Neal (16)

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	Time	Convert	Rnd	Relay		
10	11:22.71		F	A Relay	6/29/2007	2007 AAU Southeastern District
	Kayla E. Kuziola (15)			Emilee Ketron (16)		Edith V. Hill (16) Kendra L. Sokol (16)
11	11:37.10		F	A Relay	6/16/2014	2014 AAU Southeastern District Qualifier
	Addie Leonard (15)			Isabella Badon (14)		Maci Shell (15) Heather Feuchtenberger (15)
12	11:43.52		F	A Relay	8/1/1999	1999 AAU Junior Olympic Games
	Elizabeth Flynn-Buggs (14)			Mallorie Williams (16)		Whitney Hughes (16) Jenny Knopp (15)
13	11:55.99		F	A Relay	8/1/1998	1998 AAU Junior Olympic Games
	Skyy Collie (14)			Mallorie Williams (15)		Caitlin St Louis (16)
14	12:00.45		F	A Relay	7/9/1998	1998 AAU Region 3 Track & Field
	Caitlin St Louis (15)			Mallorie Williams (15)		Skyy Collie (14) Erika Persinger (15)
15	12:04.23		F	A Relay	8/3/2002	2002 AAU Junior Olympic Games
	Crystal L. Newland (16)			Haley M. Williams (14)		Tina M. Dalton (15) Valnessha Redd (15)
16	12:12.97		F	A Relay	7/12/2002	2002 AAU Southeastern Association
	Emily E. Felty (15)			Haley M. Williams (14)		Brittany Vogt (16) Crystal L. Newland (16)
17	12:21.58		F	A Relay	7/8/1999	1999 AAU Region 3 Track & Field
	Brittney Arnold (14)			Crystal Cochran (15)		Elizabeth Flynn-Buggs (14) Whitney Hughes (16)
18	12:24.27		F	A Relay	6/26/1998	1998 AAU Southeastern Association
	Mallorie Williams (15)			Caitlin St Louis (15)		Skyy Collie (14) Jessica Bradley (14)
19	12:35.14		F	A Relay	7/28/2007	2007 AAU Junior Olympic Games
	Kayla E. Kuziola (15)			Amanda Loughlin (15)		Brianna N. Hill (15) Rachael Wright (14)
20	13:40.57		F	A Relay	6/25/1999	1999 AAU Southeastern Association
	Mallorie Williams (16)			Jenny Knopp (15)		Bobbie Neal (15) Whitney Hughes (16)

Girls 17-18 yr old 4x400m Relay

1	4:05.35		F	A Relay	8/1/2001	2001 AAU Junior Olympic Games
	Rebecca Dixon (18)			McKenzie E. Sharpe (16)		Mallorie Williams (18) Katie Campbell (17)
2	4:08.33		F	A Relay	7/5/2001	2001 AAU Region 3 Track & Field Meet
	McKenzie E. Sharpe (16)			Rebecca Dixon (18)		Mallorie Williams (18) Katie Campbell (16)
3	4:13.45		F	A Relay	6/23/2000	2000 AAU Southeastern Association
	Tina Cantrell (16)			Caitlin St Louis (17)		Makeya Miller (16) Mallorie Williams (17)
4	4:16.69		F	A Relay	7/6/2000	2000 AAU Region 3 Track & Field
	Makeya Miller (16)			Kristina Kayser (16)		Tina Cantrell (16) Mallorie Williams (17)
5	4:17.91		F	A Relay	6/16/1995	1995 AAU Southeastern Association
	Beth Roark (17)			Tara Netherland (17)		Katy Karter (16) Natasha Claxton (17)
6	4:20.76		F	A Relay	6/26/1998	1998 AAU Southeastern Association
	Karen Breeding (18)			Holly Sansom (16)		Kristen Shipley (17) Kristin Rosenbaum (17)
7	4:21.02		F	A Relay	6/22/2001	2001 AAU Southeastern Association
8	4:21.39		F	A Relay	7/9/1998	1998 AAU Region 3 Track & Field
	Karen Breeding (18)			Holly Sansom (16)		Cyndi Troutman (17) Kristin Rosenbaum (17)
9	4:22.60		F	A Relay	7/7/1994	1994 AAU Region 3 Track & Field
	Melissa Griswold (17)			Kreshanna M. Melton (17)		Heather Duncan (16) Analiese D. Grace (17)
10	4:32.14		F	A Relay	7/12/2002	2002 AAU Southeastern Association
	Bobbie Neal (18)			McKenzie E. Sharpe (17)		Sylvia A. Whitman (17) Vanessa Gibson (18)
11	4:41.18		F	A Relay	8/1/1993	1993 AAU Junior Olympic Games
	Heather K. Bryson (17)			Rachel Morley (18)		Alexia Schmiedt (17)
12	4:42.72		F	A Relay	7/9/1993	1993 AAU Southeastern Association
	Heather Newman (18)			Alexia Schmiedt (17)		Heather K. Bryson (16) Rachel Morley (18)

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Time	Convert	Rnd	Relay
Girls 17-18 yr old 4x800m Relay			
1	10:16.91	F	A Relay
	Rebecca Dixon (18)		Liz Poremsky (17)
			Mallorie Williams (18) Katie Campbell (17)
2	10:38.64	F	A Relay
	Megan Blair (16)		Tara Netherland (17)
			Beth Roark (18) Natasha Claxton (17)
3	10:39.32	F	A Relay
	Sylvia A. Whitman (17)		Vanessa Gibson (18)
			McKenzie E. Sharpe (17) Katie L. Williams (16)
4	10:41.19	F	A Relay
	Sylvia A. Whitman (17)		McKenzie E. Sharpe (17)
			Vanessa Gibson (18) Katie L. Williams (16)
5	10:47.00	F	A Relay
	Melissa Griswold (17)		Nita Profitt (18)
			Kreshanna M. Melton (17) Analiese D. Grace (17)
6	10:49.20	F	A Relay
	Heather Duncan (16)		Nita Profitt (18)
			Kreshanna M. Melton (17) Analiese D. Grace (17)
7	10:58.06	F	A Relay
	Tara Netherland (17)		Beth Roark (17)
			Megan Blair (16) Natasha Claxton (17)
8	10:58.51	F	A Relay
	Melissa Griswold (17)		Nita Profitt (18)
			Kreshanna M. Melton (17) Analiese D. Grace (17)
9	11:07.45	F	A Relay
	Caitlin St Louis (18)		Tina Cantrell (16)
			Liz Poremsky (16) Mallorie Williams (17)
10	11:14.64	F	A Relay
	Caitlin St Louis (17)		Talayna Fortunato (18)
			Erika Persinger (16) Holly Sansom (17)
11	11:17.73	F	A Relay
	Liz Poremsky (17)		Mallorie Williams (18)
			McKenzie E. Sharpe (16) Bobbie Neal (17)
12	11:19.37	F	A Relay
	Jessica Lott (16)		Erika Persinger (17)
			Tina Cantrell (16) Mallorie Williams (17)
13	11:28.50	F	A Relay
	Jessica Lott (16)		Erika Persinger (17)
			Mallorie Williams (17) Caitlin St Louis (17)
14	11:31.92	F	A Relay
	Tina Cantrell (16)		Erika Persinger (17)
			Alexia Schmiedt (17) Rachel Morley (18)
15	11:33.30	F	A Relay
	Heather K. Bryson (16)		Heather Newman (18)
			Alexia Schmiedt (17) Rachel Morley (18)
16	11:38.92	F	A Relay
	Erika Persinger (16)		Holly Sansom (17)
			Leah Exten (17) Talayna Fortunato (18)
17	12:03.50	F	A Relay
	Alexia Schmiedt (17)		Heather K. Bryson (17)
			Rachel Morley (18) Heather Newman (18)
18	12:36.61	F	A Relay
	Renee Zeno (18)		Caitlin St Louis (16)
			Holly Sansom (17) Erika Persinger (16)